

Scarlet Oaks Career Development Campus

CareerXpress

A Day In Life Of A CareerX Student

By: Gia McAlpine

Tyra working in the Computer Technology section of PAES Lab

This year has been a big change for me and many of my classmates. We have left our home schools and chosen to come to Scarlet Oaks for the CareerX program. A lot of people don't know much about CareerX, so I thought I would tell you about our typical day and why we do what we do.

CareerX is a transition to work program for students who are either unsure of what they want to do after school or who aren't quite ready

yet. We spend a year working on figuring out what we are good at doing, what we like to do and developing our employability skills. We do that in a lot of different ways, and our typical day looks like this.

After we get off the bus and wait 20-25 minutes in the Commissary, we immediately go to the classroom, set down our stuff, get a writing utensil and then go into the lab. Sometimes

we wait a few minutes until the bell rings and then Mr. Dumont will quickly go over the daily schedule. We then get clocked in and get to work in the PAES lab. PAES is an acronym; it stands for Practical Assessment Exploration System. In PAES, you do hands-on tasks to help find out what you like to do, what you don't like to do and in what areas you are skilled.

We also find out that we could do tasks we



Students clock in every morning as they begin the Lab



Career X from Diamond (above) and Scarlet (below)



CareerX Lab Collaboration By: James Tackett

On Friday September 25, 2015 the Scarlet Oaks CareerX program and the Diamond Oaks CareerX program met for a professional networking event. The two programs got together to begin to continue

practicing our professional relationship skills and to begin building our professional network with people who will likely be our coworkers next year. It was really fun getting to meet the students in the Diamond

Oaks CareerX program.

During their visit, we did a variety of activities. We began by each student from both programs presenting a slide that they had created to introduce themselves



There are several AED machines around Scarlet. A sign like the one above is at each location .

CPR and First Aid Training

By: Gia McAlpine and James Tackett

On September 15 and 16, 2015, the CareerX class at Scarlet Oaks was lucky enough to have Nurse Jonovski come in to train us on CPR and First Aid. It was really great to have Nurse Jonovski, the Health Tech instructor here at Scarlet Oaks, be

a part of our class and to have her train us. She really knows a lot about health care and did a great job training us. We really enjoyed working with her and look forward to doing it again soon!

If you aren't familiar with this, CPR

stands for Cardiopulmonary Resuscitation. This means that if someone stops breathing, you can help them to stay alive until the Emergency Medical Technicians arrive. Our class learned what steps to take in the case of an emergency and how to

Our greatest fear should not be of failure but of succeeding at things in life that don't really matter."

Francis Chan

A Day In Life Of A CareerX Student (continued)

By: Gia McAlpine

never thought we could do, such as using the sewing machine and putting together a lamp plug. These tasks will help us in your future career. For example, hand sewing would improve hand-eye coordination skills. We spend two and a half hours in lab and then we go to lunch. After we come back, we go upstairs to room 627 for 5th Bell, which is taught by the other instructor, Mrs. Mitchell. On certain days, we will do Read180, other days, we learn about things that we use in PAES, such as measuring.

After 5th Bell, we go back to the classroom and do something called bell work; it helps us

improve our problem-solving skills. After bell work, usually we'll do something work-related, such as talking about business relationships or how communication is important. Every Friday, for the last 20 minutes of class we do SSR, which stands for Silent Sustained Reading. You can bring your own book or check one out from the Cybrary (we can't read on our electronic devices, unfortunately).

Also, every Friday, for our bell work, we do a weekly reflection on our laptops. It is where we type all the activities we did this week After typing all the activities in, we will answer some questions. A

few of them are "what skills did you improve on?" and "what activity did you like the most?" I think the most important question is "do you hope to use these skills in your future career?" because that helps us to plan for the future.

We work hard in CareerX and a lot of the work is very different from what we did at our home schools. It has been challenging, but I am enjoying my time in the program!

CareerX Lab Collaboration (continued)

By: James Tackett

to everyone else. After both classes had presented, we did the “Find Someone Who” icebreaker activity to get to know each other a little bit more. At lunch, we helped the Diamond Oaks students get their food in our Commissary and we all ate together. After lunch, the Diamond Oaks and Scarlet Oaks CareerX students worked together in small groups on some team building activities. These activities involved a bunch of different games with marbles, which two of the Scarlet Oaks students suggested after having done activities like these at a summer camp. The

games were really challenging and fun and it gave us an opportunity to work together with the Diamond Oaks students. At the end of the day, we were able to exchange professional contact information with the Diamond Oaks students and wish them a good weekend!

Since their visit, I've kept in contact with a student from Diamond Oaks. She said that she liked the school so much she wants to transfer here to Scarlet Oaks. I think we are going to be shocked about the differences between our lab and theirs (I have heard that our lab is a lot bigger than the lab at

Diamond Oaks).

All in all we had a pretty good day and I hope they had fun too because I know I did. I can't wait to go over there and see their lab. I liked the team building activities a lot and enjoyed the opportunity to continue developing my professional relationship skills!

*“The future belongs to those who prepare for it today.”
Malcolm X*

Student Spotlight with Gia McAlpine

By: Zoe Caswell

Gia McAlpine is a student in the CareerX program at Scarlet Oaks. She graduated from William Mason High School in 2015 and chose to come to CareerX to help her transition to work. It has gone

well with the transition from Mason to a new school for Gia, since she has visited this place several times before her official transition, she likes it here, but she's still working on knowing where all of the

rooms are! She has been enjoying the year so far. Gia's favorite activity in PAES is the cash register because it's fun to enter the numbers and to hear the beeping noises. Gia would like to work in a restaurant and the



Gia McAlpine in lab

Digital Arts and Design By: Ron Sanders

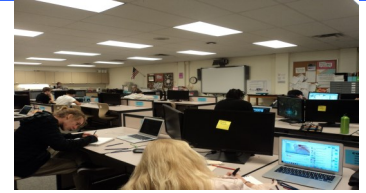
Digital Arts and Design, or DAAD for short, is a two-year Career Technical program offered by Great Oaks Career Campuses. The program is available at all four Great Oaks Career Campuses. Students who enroll in the DAAD program are interested in combining artistic skills with computers to create graphic art for websites and other media. Students will learn how to use Adobe Illustrator, Photoshop, Dreamweaver, Flash and InDesign to create visually interesting work. They also will learn how to render technical illustrations, compose with shape, form and color and complete life, perspective and product drawings.

The students in the DAAD program at Scarlet Oaks work with Ms. Libby Sillis. Ms. Sillis began teaching the program after coming from industry, where she

worked as a designer. She has enjoyed teaching the program and having her students take on different projects around the school, like designing logos for labs and painting murals in the hallways at Scarlet Oaks.

After completing the DAAD program, students typically go on to further education at a two or four year college, where they continue to study design. After college, they can get a job in one of these career pathways: Graphic Designer, Type Designer, Package Designer, Production Artist, Photographer, Video Editor, Video Producer, Web Designer, Interactive Multimedia Designer, Game Designer, Flash Designer, Flash Developer and Illustrator.

I chose to investigate the Digital Arts and Design program because I have been interested in designing since I got my first video



DAAD LAB (Above)

Work displayed by DAAD!(below)



game when I was around six or seven years old. From that point on my curiosity towards the secrets of tech and special effects grew. Eventually, after considering screenwriter and director, I made the decision that I wanted to be involved in the creations of video games. I am hopeful that I will be able to display the skills needed to be successful in this challenging field.

CPR and First Aid Training (continued)

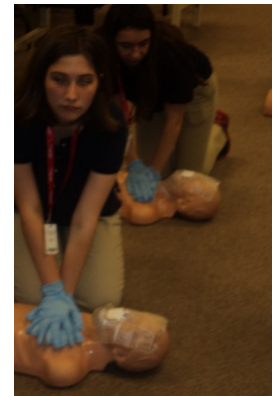
By: Gia McAlpine and James Tackett

perform CPR. We practiced the lifesaving steps we talked about on the CPR mannequins that Nurse Jonovski brought with her. We wore gloves and used mouth guards when doing this so that we could prevent the spread of germs.

After learning CPR, we also learned the steps to perform basic First Aid, like how to bandage cuts and abrasions, create slings for broken limbs and treat shocks, burns and poison-

ings. We got to practice bandaging each other and putting gauze on each other. It was really fun and we were able to earn our certification through the Emergency Care and Safety Institute at the same time. Now, we are all certified and can use this certification to help us increase our employability. Hopefully we will never have to use our certification, but we will be prepared if we do!

Nurse J teaching CareerX First Aid and CPR



Student Spotlight with Gia McAlpine (continued)

By: Zoe Caswell

cash register will be a part of her desired career. Gia does not like the hand sewing at all in PAES, because it's hard for her to put a piece of yarn through the tiny hole in the needle. She thinks that Sudoku is okay for bell work and she's getting better at it, but it's not her favorite. Gia enjoys working in READ180 because she does well at it and finds it to be pretty easy.

Gia is currently working at Kings Island and enjoys being up there on weekends during the school year. She would like to get a second job in food service and to get her driver's license so she can be more independent. She looks forward to continuing to learn more about where her aptitudes and interests in PAES and moving toward her future.

CareerXpress Staff

Editor In Chief:
Nick Branco

Layout:
Angie Inzerello
Brett Lewis
Josey Curtis

Staff Writers:
Zoe Caswell
Ron Sanders
James Tackett
Jassmen Moran
Gia McAlpine

Quality Control and Distribution:
Manly Watkins-Williams
Dakotah Whitley

Staff Photographers:
Trish Grote
Tyra Hall
Chris McDowell
Denney Odil

Employability Skills

By: Jassmen Moran

Communication in the Workplace

Appropriate, professional communication is an essential skill for the workplace. Employers expect that their employees can do the following:

- Listen
- Make eye contact
- Speak clearly
- Be respectful
- Use appropriate tone
- Use appropriate words
- Ask questions when needed

Developing and practicing good communication skills will help you to be successful in getting and keeping a job!



Co-workers practicing good communication !

“ You’ll always miss 100% of the shots you don’t take.” - Wayne Gretzky